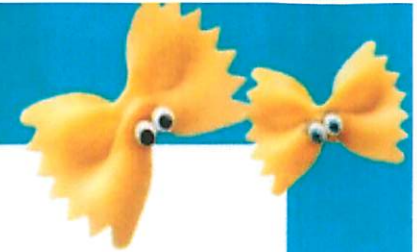




## Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Hot Main Dish</b>	<b>Mac 'N' Cheese</b> <i>Macaroni Cheese</i>	<b>Pork Sausages</b> <i>with Creamy Mash and Gravy</i>	<b>Roast Chicken</b> <i>with Roast Potatoes and Gravy</i>	<b>Cottages Pie</b>	<b>Golden Fish Fingers &amp; Chips</b>
<b>Alternative Dish</b>	<b>Shepherdess Pie</b>	<b>Vegetarian Sausages</b> <i>with Creamy Mash and Gravy</i>	<b>Quorn Roast</b> <i>with Roast Potatoes with Gravy</i>	<b>Creamy Tomato and Basil Pasta **</b>	<b>Quorn Burger</b> <i>with Chips</i>
<b>Vegetables</b>	Broccoli Crunchy Salad	Carrots Seasonal Cabbage	Peas Swede	Sweetcorn Green Beans	Baked Beans Crunchy Light Coleslaw
<b>Desserts</b>	<b>Chocolate and Mandarin Sponge</b> <i>* with Chocolate Sauce</i>	<b>Oatie Biscuit</b> <i>with Fruit Slices *</i>	<b>Peaches With Homemade Granola &amp; Yoghurt</b>	<b>Carrot &amp; Pineapple Cake Slice</b>	<b>Strawberry Cheesecake</b>

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain



# Food Super Heroes

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich	Turkey or Cheese Sandwich	BBQ Chicken & Salad Or Tuna Mayonnaise & Salad Wraps	Egg Mayonnaise or Turkey Sandwich	Ham Or Cheese Roll	Ham or Chicken Tikka Sandwich
Jacket Potato	Jacket Potato With Cheese	Jacket Potato with Baked Beans	Jacket Potato With Colslaw	Jacket Potato With Cheese	Jacket Potato with Baked Beans
Pudding	Chocolate Mouse Yoghurt Jelly Fresh Fruit	Iced Cup Cake Yoghurt Jelly Fresh Fruit	Cookies Yoghurt Jelly Fresh Fruit	Chocolate Crispy Yoghurt Jelly Fresh Fruit	Key Lime Pie Yoghurt Jelly Fresh Fruit

Cool Water served daily  
\*Fruit Based \*\*Wholegrain

